

# Lesson plan on the topic “The Internet Addiction”

**Grade:** 10

**Time:** 80 minutes

**Lesson output:**

By the end of the lesson the students will:

- ✓ get some practice in reading for specific information;
- ✓ be able to answer different questions about The Internet;
- ✓ be able to express their own point of view on the topic “Advantages and disadvantages of The Internet”;
- ✓ get some practice in working in group;
- ✓ be able to summarize received information;
- ✓ get acquainted with cinquain;
- ✓ be able to create cinquain;
- ✓ have developed study-skills (note-taking, summarizing)
- ✓ have developed critical thinking skills: thinking independently, brainstorming, developing intellectual courage, developing confidence, analyzing or evaluating arguments, interpretations, beliefs, or theories;
- ✓ have developed natural curiosity

<b>Stages</b>	<b>Aims</b>	<b>Procedure</b>	<b>Outcome</b>	<b>Interaction</b>	<b>Timing</b>
Warm-up	to introduce the topic	The teacher tells the pupils about the aim of the lesson. The teacher explains that after the lesson they will be able to create poems and give some pieces of advice.	The pupils understand the aims and expected results of the work.	T - C1	2 min
Evocation	to actualize the pupils' previous experience	The teacher shows the box, where smth is hidden (modem), and gives the hint, that this thing is connected with computer, asks students to ask questions and to guess what is in the box.	The pupils ask different questions to guess the thing in the box. For example: - Is it a mouse? - Is it used for writing letters?	T - S1, S2...	7 min
Pre-reading	to motivate and develop SS' ability to pre teach the vocabulary	The teacher explains that pupils should read the text, but before it they should understand the meaning of some new words with the help of synonyms.	The pupils try to guess the meanings of the words.	T - C1 T - S1, S2...	5 min
Reading, realization of meaning	to develop SS' ability to gather special information in	The teacher asks the pupils to read the text and find the signs of having the internet addiction.	The pupils read the text and find the answer. For example: - you check our e-mail	T - S1, S2...	8 min

	the text		before doing other things		
After-reading	to develop the ability to answer questions	The teacher asks the pupils to look at the table of different questions and fill it. Then answer them in front of the class.	The pupils answer the questions from the table.	T - S1, S2...	8 min
Reflection	to generalize the material under study	The teacher divides the class into two groups. The first group gives some opinions about the Internet addiction and the ways how to fight with it and the second one makes some notes and prepare questions. Then they ask them and give their own thoughts, and the first group asks them questions.	The pupils from the first group prepare their thoughts, others prepare questions. Then they change their roles.	S1, S2... - S1, S2...	20 min
	to develop speaking skills (monologue)	The teacher suggests gathering all pupils' thoughts about the ways of fighting with the Internet addiction and creating the list of pieces of advice.	The pupils summarize the information they discussed and give some thoughts according to the problem. For example: - People with the Internet addiction should find a new interesting hobby.	T – Cl	7 min

	to develop the ability to write concrete poem (cinquain)	<p>The teacher suggests explaining disadvantages of the Internet with the help of cinquain.</p> <p>The teacher asks the pupils to read their poems and decide whose poem is the best.</p>	<p>The pupils create their own cinquain.</p> <p>The pupils read their poems and evaluate their classmates.</p>	<p>S1, S2...</p> <p>S1, S2... - C1</p>	<p>10 min</p> <p>10 min</p>
Giving home task	to develop writing skills (personal letters with giving pieces of advice)	The teacher gives home task to write a letter to an Internet addict. Ask him/her three questions about the Internet. Give him/her three pieces of advice on how he/she can overcome his/her addiction.	The pupils write the letter at home.		3 min

# Handouts

## Synonyms

Addiction - obsession

Forgetful - absent-minded

Various - different

Resembling - looking like

Affecting - impacting

Quizzed - questioned

Absorbed - immersed

Anticipate - expect

Interaction - communication

Complain – moan

# Text

The New York Times has reported on a problem that many of us have but are not aware of – Internet addiction. According to reporter Tara Parker- Pope, millions of us are addicted to being online. She says this is a growing problem that is making us more forgetful and impatient. Ms. Parker-Pope writes about various reports highlighting how technology is changing people. In one, she quotes cyber-psychologist Dr. Elias Aboujaode who says: “More and more, life resembles the chat room.” He said we are living in “virtual lifestyles” which is negatively affecting our real-life relationships. Nicki Dowling, a clinical psychologist from Melbourne University in Australia, concluded in a recent study that ten per cent of young people had what she called “Internet dependence”.

Tara Parker-Pope quizzed experts in this field on what the signs are of being overly absorbed in technology. She came up with seven indicators of “tech overload”. The first is whether you check our e-mail before doing other things. Another telltale sign is if you always anticipate and look forward to your next online visit – a sure sign of dependence and addiction. The third point is if you say, " just a few more minutes" when someone wants you. Parker-Pope found your interaction with others also says a lot about how important the Internet is compared with family and friends; do you lie about how much time you spend online or choose to surf the Net instead of go out with others? Other giveaways include the “online lift” that stops you being unhappy, and when others complain about you always being online.

# Questions

Why are so many people addicted to the Internet?	What is the problem, which is touched upon in the text?
What would life be like without the Internet?	Who is the reporter?
Is Internet addiction such a bad thing? Why?	What does life resemble nowadays?
	What are the signs of being internet addict?

# Cinquain

Line 1:	one word  (subject or noun)
Line 2:	two words  (adjectives) that describe line 1
Line 3:	three words  (action verbs) that relate to line 1
Line 4:	four words  (feelings or a complete sentence) that relates to line 1
Line 5:	one word  (synonym of line 1 or a word that sums



The Internet

dangerous, addictive

gluing, refusing, sitting

always clogs your brain

addiction